

Special Services

Yoga

Mihaela Wachsman - 805-798-1044 - our fabulous yoga instructor!

Please call Mihaela ahead of the day to set up a yoga class. She is available Saturday, Sunday and Monday mornings at 10am. \$20 per person. Bring your yoga mat if you have one. Classes are in the Waterfall Garden or Quiet Room. **If checking out on the day you take yoga, please check out before the class beings. Thank you.**

Massage Therapists

Aaron Zweig - 805-798-1289

Aaron has a fantastic reputation and is popular for his healing bodywork - we receive outstanding testimonials from our guests. Aaron utilizes three distinct, but often overlapping, modalities: craniosacral therapy, intuitive structural massage and embodiment work.

Maritza Luz Vega - 805-646-1577

Maritza is a long-term Ojai therapist who performs a myriad of bodywork choices, including intuitive massage, pregnancy massage, biodynamic craniosacral therapy, pre-conception parenting, deep tissue and integrative healing.

Linnaea Bohn, LMT - 805-500-6822

Deep tissue, craniosacral, myofacial, reflexology, reiki, tonglen techs. Pre-natal & hot stone available. 14 years experience.

Deb Edwards - 818-970-0388

Deb is also a long-term Ojai therapist who is grounded in various forms of therapeutic massage: modalities include Esalen-style massage with Trager and accupressure. Deb has life guidance techniques, with 35 years experience.

Emily Violet Elizabeth, CMT, LMT - 805-390-5976

Accupressure, Swedish massage, deep tissue, and hot jade stone therapy.

Allassandra Rhody - 805-908-1930

Accupressure, Swedish massage, deep tissue, reflexology and hot jade stone therapy, intuitive pathways of craniosacral therapy. 10 yrs experience.

Michael Zierhut - 805-798-5590

BA, CMT. Michael combines his knowledge of anatomy and physiology with Swedish massage, sports massage, trigger point therapy and myofascial release for a complete therapeutic treatment.

Healing Work

Marilyn Salas - 805-798-1448

A wonderful, intuitive hands-on-healer since 1993, also trained in Reiki and Pranic Healing, Marilyn's natural healing abilities evolved while living in Indonesia, Marilyn is the creator of Love's Blessing Meditation & Healing Mist. Contact Marilyn at ojaihealer@gmail.com, or www.LovesBlessing.com

Please note: Arrangements are made directly between you (the guest) and the therapist you have chosen. The Ojai Retreat is not party to these arrangements, with the exception of recommending the above therapists to you. However, the therapist is required to inform the retreat staff of the appointment once it is arranged Thank you.
