



## Massage Therapists We Recommend



(for on-site therapeutic treatments)

### Aaron Zweig – 805.798.1289

Aaron's bodywork is incredibly healing and he receives countless testimonials from guests of the highest level. Return to the flow of your vibrant life energy, remind yourself who you are and what you're here to do. Aaron utilizes three distinct but often overlapping modalities to help free the pulsation of your vitality: craniosacral therapy, intuitive structural, massage and embodiment work.

### Maritza Luz Vega – 805.646.1577

Maritza performs healing bodywork, intuitive massage, pregnancy massage, biodynamic craniosacral therapy, pre-conception parenting, deep tissue and integrative healing massage.

### Emily Violet – 805.380.5976

Emily performs acupuncture, swedish, deep tissue and hot jade stone therapy treatments.

### Summer D. McComas, LMT – 805.746.6476

Summer performs massage, hot stone cupping, cellulite spot treatments and more ...

### Anat Dagan – 805.233.2652

Anat performs natural face lift massage.



## Off-site Therapists



### Reiki Master Sharmila Mali – 805.669.7299

One-of-a-kind Nepali-born Sharmila has been featured in 'Ventana' magazine. Sharmila's sessions fully support and nurture your personal sacred journey of openness, light and healing energies with powerful Reiki energy work (Japanese style hands-on healing). Relaxes, decreases physical pain, lowers one's blood pressure, reduces anxiety, and more. Sharmila works out of her private studio in downtown Ojai.

### Holistic Counselor Donna Summerville – 805.646.1704

Donna performs integrative sessions of the body – mind – spirit, and has spent over 25 years in the holistic and personal development field exploring numerous modalities. Donna's treatments are a combination of her experience and research and her focus is on facilitating a free-flowing expression of life energies. Donna works out of her private studio on El Roblar, just down the street from the retreat.

### Alicia Morris Soto – 805.814.1123

Alicia performs lymphatic therapy from her studio on Ojai.

***Please note:*** Arrangements concerning time, place and price are made directly between you (the guest) and the massage therapist you have chosen. The Ojai Retreat is not part of these arrangements, with the exception of recommending the above therapists to you. However, the therapist is required to inform the retreat staff of the appointment once it is arranged. Thank you.